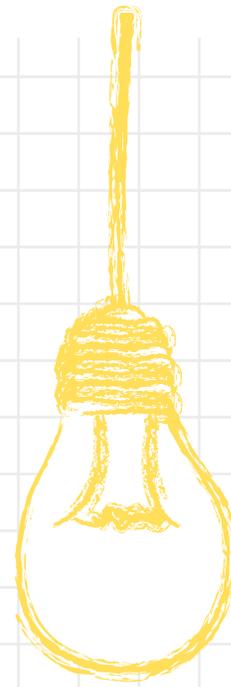
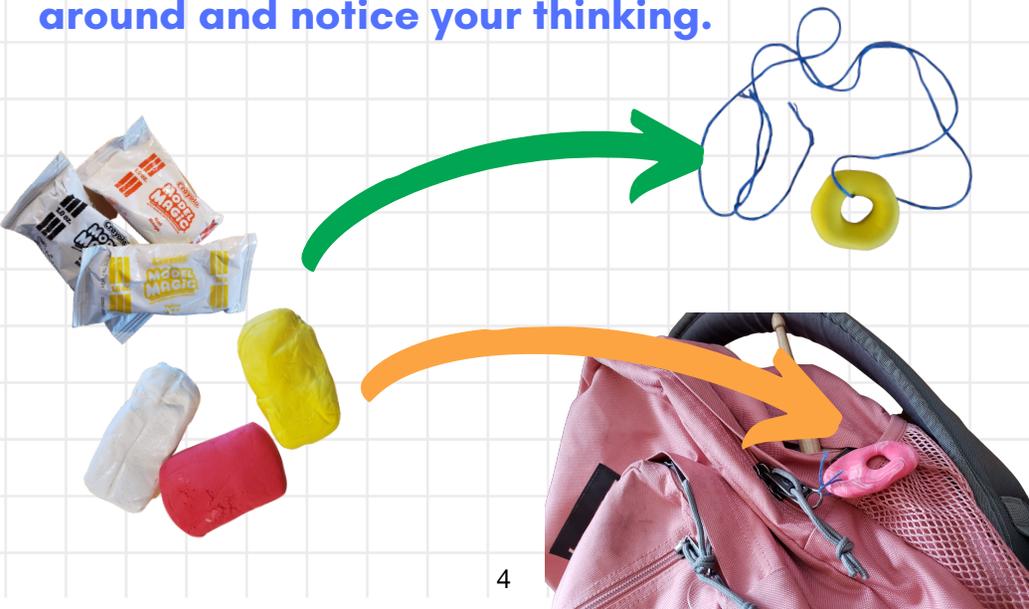


# Sculpt it!



**Sculptures by  
Barbara Hepworth**

Use clay to make a mini sculpture, necklace, or zipper pull that reminds you to walk around and notice your thinking.



# Curiosity Lab

**WORKSHOP 5:**

**CAN YOU FIND THE  
INVISIBLE STORIES YOUR  
BRAIN IS MAKING UP?**

# Slime Lab

## Ingredients:

- Water
- Food coloring
- Liquid starch
- Cup & plate
- Thermochromic pigment
- Tablespoon-size measuring spoon
- Craft stick or coffee stirrer
- Washable school glue (clear or white is fine; glitter is fun too)

## Recipe:

1 In the plastic cup, stir together 2 tablespoons glue and 1/2 tablespoon water



2 Add 1 tablespoon of powdered pigment and 3-5 drops of food coloring. Stir until it is mixed well.



3 Stir in 1 tablespoon of liquid starch and a few drops of food coloring.



4 Dump the mixture out onto the plate and knead the slime with your hands.



5 If it's still sticky, add more liquid starch in tiny increments and keep kneading it until it's the consistency you like. It will get smoother and the texture will improve the more you play with it.

6 Did you discover this slime's magical power?

7 How do you think it works?



Here are some words to help you figure out your feelings. What other feelings do you have?

wondering uncomfortable sad

HOPEFUL

Thoughtful

guilty

open

brave sick



empowered

embarrassed

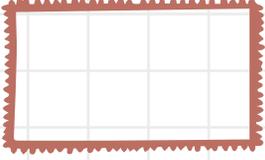
inspired

amazed

HURT

vulnerable

CURIOUS



DETERMINED

eager

APPRECIATED

surprised

angry

OVERWHELMED

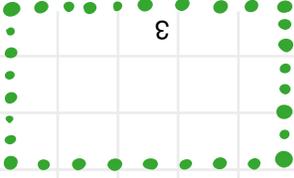
disappointed

SERIOUS

responsible

trapped

Thoughtful



3